

Spa Facilities

Snacks, hot and cold beverages and water will be available on a complimentary basis. Should you want to have breakfast or lunch, additional cost will be charged. Please enquire at the Spa Reception.

A heated pool, Jacuzzis and outdoor garden relaxation area are available on a complimentary basis to all spa guests with treatments. We do ask that you wear swimwear when using these facilities.

Bathrobes, slippers and towels will be provided, as well as a locker to lock up your personal items.

Spa Information

RESERVATIONS

We recommend making your booking in advance. Feel free to discuss any areas of concern, or share your personal preferences.

ARRIVAL

Please arrive at least 30min prior to your treatment time in order to complete your consultation form, get changed into your robe and slippers and take time to relax before your treatment. Late arrivals will result in a reduction in treatment time, whilst the full treatment fee will apply.

CANCELLATION & DEPOSIT POLICY

A 50% deposit will kindly be requested when booking for 4 or more hours. A 100% cancellation fee will apply for any treatments changed or cancelled with less than 24 hours notice. The same applies for no shows and gift certificate bookings. No refunds will be applicable under any circumstances.

MINIMUM AGE

A minimum age of 16 is required for all treatments and use of spa facilities. Ages between 14 and 16 will be permitted, if accompanied by an adult.

GIFT VOUCHERS

A gift voucher from the The Spa at Zebula is the perfect gift. Speak to one of our staff members in order to buy a personalized voucher. **Please Note:** That gift vouchers are not transferable and have an expiry date, gift vouchers must be presented at the time of the appointment in order to be honored. Electronic gift vouchers are also available. We are affiliated with *Health Spa Guide* and you can redeem your vouchers at our spa.



OPERATING HOURS

Mon - Thurs	10h00 - 18h00
Friday	10h00 - 20h00
Saturday	08h00 - 20h00
Sunday	08h00 - 18h00

Spa Packages

MIO REVIVE PACKAGE

90 minutes **R975**
 Refuel your mind, body and skin with this package. The full body exfoliation will transform dull, rough skin into gorgeous soft skin. The Liquid Yoga Bath will re-energize, detoxify and ease stressed muscles. Your treatment will finish with the Omega Rich full body massage which is packed with anti-oxidants and vitamins to restore your skin's elasticity and firmness to a healthy glowing skin.

INDULGENCE SPA PACKAGE

2 hours 15 minutes **R2350 per couple or R1450 pp**
 Spoil yourself or loved one with our Indulgence Package consisting of the following:
 Full body Champagne exfoliation
 Full body chocolate chili wrap
 Head massage
 Champagne bath with 2 glasses of sparkling wine
 Full body balm massage
 And a free gift to take home.

ZEBULA BREAKAWAY PACKAGE

2 hours 30 minutes **R1250**
 Enjoy our signature package where you can indulge your senses with this true African Bushveld experience with a special blend of Rooibos, Marula, Baobab, Kigelia and Honeybush. Your package will consist of the following:
 African Bushveld Body Glow Full Body Exfoliation
 Lilian Terry Homeopathy Bath
 African Indigenous full body balm massage
 Deluxe Spa Manicure or Pedicure

PERSONALIZED FULL DAY SPA PACKAGE

5 hours **R2500**
 For the ultimate relaxation, this package is designed just for you. Come relax and renew your body and mind. Choose any one of the following treatments totaling to 4 hours.

Body Exfoliation	30 minutes
Natural Body Clay Wrap	60 minutes
Aromeopathy Bath	30 minutes
Aromeopathy Complex Massage	30/60 minutes
Herbal Hair and Scalp Massage	30 minutes
Facial (ESSE or Dermalogica)	30/60 minutes
Foot Scrub and Massage	30 minutes
Reflexology	30 minutes
Deluxe Manicure	60 minutes
Deluxe Pedicure	60 minutes

This package is only available during midweek (Monday-Friday) and not available during holidays or peak seasons. This package is inclusive of breakfast and lunch. **Please enquire about our Seasonal and Monthly Specials.**

Pregnancy Treatments

Happy Mama = Happy baby

YUMMY MUMMY

No one deserves or needs to be spoiled more than a Mummy-to-be. Enjoy a full body buff exfoliation, a full body Omega massage, head and facial massage, tummy rub belly masque and lighten up foot treatment. Breakfast or lunch will be included. Not recommended during your first trimester unless authorized by your doctor.
 3 hours **R1975**

MAMA MIO PREGNACY MASSAGE

A complete relaxing full body massage, using our safe, but effective pre-natal techniques and award winning Omega rich oils to relax those specific lower muscles that are carrying that beautiful bump.
 45 minutes - Back, Neck and Shoulder Massage **R 425**
 75 minute - Full Body Massage **R 715**

Hands & Feet

Deluxe Spa Manicure	60 minutes	R 325
Deluxe Spa Pedicure	60 minutes	R 355
Infinite Shine Manicure		R 370
Infinite Shine Pedicure		R 400
Gel Manicure		R 395
Gel Pedicure		R 425

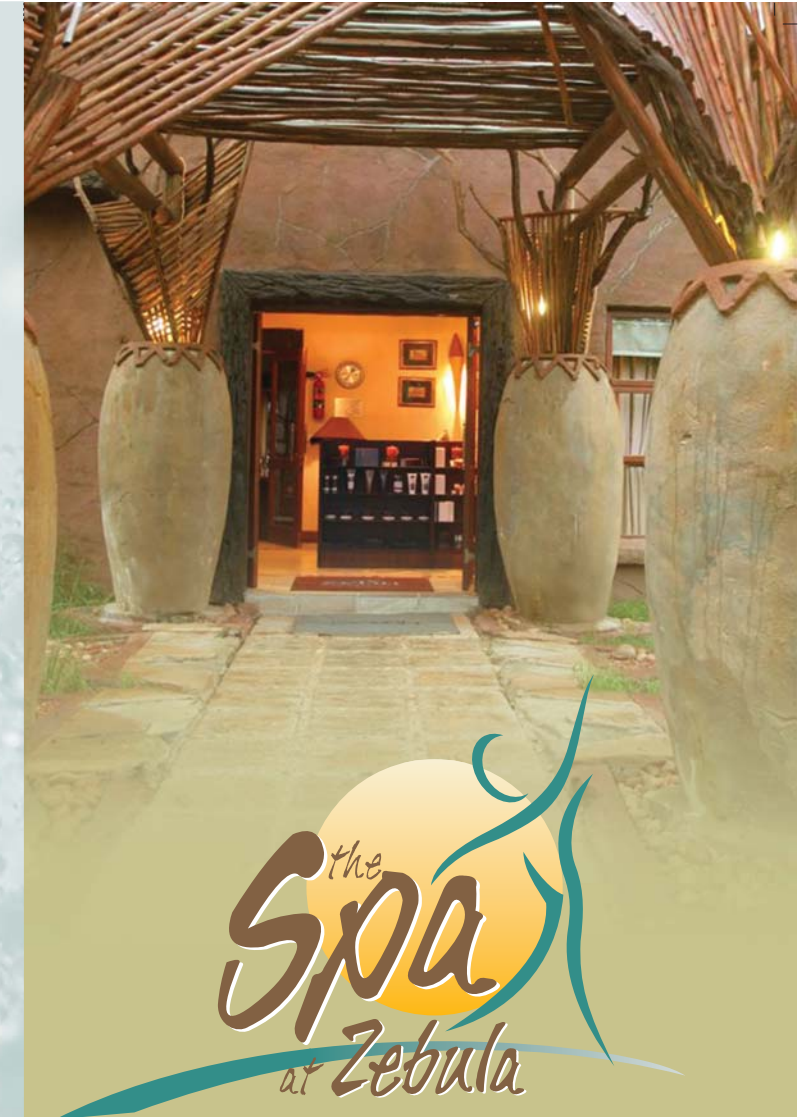
Supplementary Treatments

Our supplementary treatments can only be booked as an "add on" to another specific treatment and cannot be booked on their own. Please enquire about our supplementary treatments.

Lilian Terry Oil Bath	R 250
Dermalogica Eye Treatment	R 240
BT - Lift for an instant lifting effect	R 250
BT - for deeper product penetration and exfoliation	R 150
BT - Micro Hydrating Hand Treatment	R 150
BT - Nano Anti-Ageing Hand Treatment	R 175
Brow & Lash tint	R50 ea

WAXES

Brow/Chin/Lip	R70 ea
Under arm	R 70
Bikini	R 100
Arm	R 110
Half leg	R 130
Full leg/Back/Chest	R 190



Holistic healing of the Body and Mind

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